



## Friday January 30, 2026

Session 1							
Flight		LVL	TR	LVL	TU	LVL	DMT
8:00-8:20	A	1-7	9-10/F	1-7	9-10/F	1-7	9-10/F
8:20-8:40	B	1-7	9-10/F	1-7	9-10/F	1-7	9-10/F
8:40-9:00	C	1-7	9-10/F	1-7	9-10/F	1-7	9-10/F
9:00-9:20	D	1-7	9-10/F	1-7	9-10/F	1-7	9-10/F
9:20-9:40	E	1-7	9-10/F	1-7	9-10/F	1-7	9-10/F
9:40-10:00	F	1-7	9-10/F	1-7	9-10/F	1-7	9-10/F
10:00-10:20	G	1-7	9-10/F	1-7	9-10/F	1-7	9-10/F
10:20-10:40	H	1-7	9-10/F	1-7	9-10/F	1-7	9-10/F
10:40-11:00	I	1-7	9-10/F	1-7	9-10/F	1-7	9-10/F
11:00-11:30		Session					
Session 2							
Flight		LVL	TR	LVL	TU	LVL	DMT
11:00-11:20	A	1-7	11+/M	1-7	11+/M	1-7	11+/M
11:20-11:40	B	1-7	11+/M	1-7	11+/M	1-7	11+/M
11:40-12:00	C	1-7	11+/M	1-7	11+/M	1-7	11+/M
12:00-12:20	D	1-7	11+/M	1-7	11+/M	1-7	11+/M
12:20-12:40		Session Awards					
12:20-1:10		Assigned Training Group A Level 8-9					

# Friday January 30, 2026

Session 3							
Flight	LVL	TR	LVL	TU	LVL	DMT	
1:20-1:40	A	1-7	11-12/F	1-7	11-12/F	1-7	11-12/F
1:40-2:00	B	1-7	11-12/F	1-7	11-12/F	1-7	11-12/F
2:00-2:20	C	1-7	11-12/F	1-7	11-12/F	1-7	11-12/F
2:20-2:40	D	1-7	11-12/F	1-7	11-12/F	1-7	11-12/F
2:40-3:00	E	1-7	11-12/F	1-7	11-12/F	1-7	11-12/F
3:00-3:20	F	1-7	11-12/F	1-7	11-12/F	1-7	11-12/F
3:20-3:40	G	1-7	11-12/F	1-7	11-12/F	1-7	11-12/F
3:40-4:00	H	1-7	11-12/F	1-7	11-12/F	1-7	11-12/F
4:00-4:20	Session Awards						
Session 4							
4:00-4:20	A	1-7	8U/F	1-7	8U/F	1-7	8U/F
4:20-4:40	B	1-7	8U/F	1-7	8U/F	1-7	8U/F
4:40-5:00	C	1-7	8U/F	1-7	8U/F	1-7	8U/F
5:00-5:20	D	1-7	8U/F	1-7	8U/F	1-7	8U/F
5:20-5:40	E	1-7	8U/F	1-7	8U/F	1-7	8U/F
5:40-6:00	Session Awards						
5:40-6:30	Assigned Training Group B Level 8-9						
Session 5							
6:40-7:00	A	1-7	13-14/F	1-7	13-14/F	1-7	13-14/F
7:00-7:20	B	1-7	13-14/F	1-7	13-14/F	1-7	13-14/F
7:20-7:40	C	1-7	13-14/F	1-7	13-14/F	1-7	13-14/F
7:40-8:00	D	1-7	13-14/F	1-7	13-14/F	1-7	13-14/F
8:00-8:20	E	1-7	13-14/F	1-7	13-14/F	1-7	13-14/F
8:20-8:40	F	1-7	13-14/F	1-7	13-14/F	1-7	13-14/F
8:40-9:00	Session Awards						
8:40-9:40	Level 10-Elite Open Training						

# Saturday January 31, 2026

Session 6							
Flight		LVL	TR	LVL	TU	LVL	DMT
8:00-8:20	A	1-7	10U/M	1-7	10U/M	1-7	10U/M
8:20-8:40	B	1-7	10U/M	1-7	10U/M	1-7	10U/M
8:40-9:00	C	1-7	10U/M	1-7	10U/M	1-7	10U/M
9:00-9:15	D	1-7	10U/M	1-7	10U/M	1-7	10U/M
9:20-9:40	Session Awards						
Session 7							
Flight		LVL	TR	LVL	TU	LVL	DMT
9:15-9:30	A	1-7	15+/F	1-7	15+/F	1-7	15+/F
9:30-9:40	B	1-7	15+/F	1-7	15+/F	1-7	15+/F
9:40-10:00	C	1-7	15+/F	1-7	15+/F	1-7	15+/F
10:00-10:20	Session Awards						
Session 8							
Flight		LVL	TR	LVL	TU	LVL	DMT
10:00-10:30	A	8	9-10/F	8	15+/F	8	15+/F
		8	11-12/F				
		9	9-10/F				
10:30-11:00	B	9	11-12/F	8	15+/F	8	15+/F
		9	13-14/F	9	15+/F	8	9-10/F
11:00-11:30	C	9	15+/F	8	11-12/F	9	15+/M
						8	15+/M
11:30-12:00	D	9	15+/F	8	15+/M	8	13-14/M
		8	13-14/F	9	15+/M	8	11-12/M
						8	9-10/M
						9	13-14/M
12:00-12:30	E	8	13-14/F	9	11-12/M	9	13-14/F
		8	15+/F	8	13-14/M	9	11-12/M
12:30-1:00	F	8	15+/F	8	9-10/F	8	11-12/F
				8	13-14/F		
				9	11-12/F		
				9	13-14/F		
1:00-1:30	Session Awards						

# Saturday January 31, 2026

Session 9								
1:00-1:50	Level 10-Elite Open Warm Up							
Flight	LVL	TR		LVL	TU	LVL	DMT	
2:00-2:30	A	10	17-21/F	10	15-16/F	SR	MALE	
		OPEN	FEMALE	JR	FEMALE	INT	MALE	
				SR	FEMALE			
2:30-3:00	B	10	15-16/F	OPEN	MALE	SR	MALE	
		JR	FEMALE	SR	MALE	10	17-21/M	
				10	17-21/M	10	15-16/M	
3:00-3:30	C	SR	MALE			YE	MALE	
		INT	MALE			YE	FEMALE	
						JR	FEMALE	
						10	11-12/M	
						10	13-14/M	
3:30-4:00	D	OPEN	MALE			INT	FEMALE	
		10	13-14/F			OP	FEMALE	
		10	11-12/F			10	17-21/F	
4:00-4:30	E	10	11-12/M			10	15-16/F	
		10	13-14/M			10	11-12/F	
		YE	MALE			10	13-14/F	
4:30-5:00	F	10	17-21/M					
		10	15-16/M					
		JR	MALE					
5:00-5:30	G	INT	FEMALE					
		SR	FEMALE					
		YE	FEMALE					
Session 10								
Flight	LVL	TR		LVL	TU	LVL	DMT	
6:00-6:30	A	9	15+/M	Finals Warm Up		9	15+/F	
		8	15+/M					
6:30-7:00	B	9	13-14/M				9	15+/F
		8	13-14/M				9	11-12/F
7:00-7:30	C	8	9-10/M	10	15-16/F	8	13-14/F	
		8	11-12/M	JR	FEMALE			
				SR	FEMALE			
7:30-8:00	D			OPEN	MALE	8	13-14/F	
				SR	MALE			
				10	17-21/M			
8:00-8:30		Session 10 Awards						

# Sunday February 1, 2026

Finals Session 11								
9:00-9:50	Level 10-Elite Open Warm Up							
Flight	LVL	TR		LVL	TU		LVL	DMT
10:00-10:30	A	10	17-21/F				SR	MALE
		OPEN	FEMALE				INT	MALE
10:30-10:50	B	10	15-16/F				10	17-21/M
		JR	FEMALE				10	15-16/M
10:50-11:10	C	SR	MALE				YE	MALE
		INT	MALE				YE	FEMALE
							JR	FEMALE
							10	11-12/M
							10	13-14/M
11:10-11:30	Session Awards							
Finals Session 12								
11:30-12:20	Level 10-Elite Open Warm Up							
12:20-12:40	A	OPEN	MALE				INT	FEMALE
		10	13-14/F				OP	FEMALE
		10	11-12/F				10	17-21/F
12:40-1:00	B	10	11-12/M				10	15-16/F
		10	13-14/M				10	11-12/F
		YE	MALE				10	13-14/F
1:00-1:20	C	10	17-21/M					
		10	15-16/M					
		JR	MALE					
1:20-1:40	D	INT	FEMALE					
		SR	FEMALE					
		YE	FEMALE					
1:40-2:00	Session Awards							

Trampoline
Tumbling
Double Mini
Warm-Up
Finals
Awards